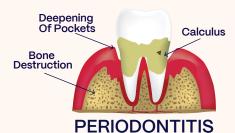
The Stages Of Periodontal Disease

The build up of plaque, a sticky bacterial film on teeth, leads to gingivitis – signaled by inflamed, red, puffy, and bleeding gums.

As plaque hardens into calculus, it causes gum irritation and inflammation, advancing to periodontitis by reaching the bone holding teeth.









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Gum Health Is Vital To Your Overall Health

Beyond physical health, periodontal disease often impacts quality of life, affecting speech, chewing ability, and even self-esteem due to tooth loss or discomfort.

Numerous studies have shown the connection between periodontal disease and systemic health issues. Chronic inflammation caused by periodontal disease can exacerbate existing conditions and increase the risk of developing new health problems.

Treating periodontal disease is crucial for preserving oral health and reducing risks to your overall wellbeing.

01.

DEMENTIA / ALZHEIMER'S

Bacteria associated with periodontal disease may be able to travel to the brain and contribute to the development of Alzheimer's disease and related dementias.

Source: American Academy of Periodontology

02

RESPIRATORY DISEASES

Bacteria associated with periodontal disease can be aspirated into the lungs and contribute to respiratory diseases such as pneumonia.

Source: American Academy of Periodontology

03.

HEART DISEASE

People with gum disease have 2 to 3 times the risk of having a heart attack, stroke, or other serious cardiovascular event.

Source: Harvard Health

04.

DIABETES

Inflammation from periodontal disease can lead to higher blood glucose levels—which can contribute to a higher risk of diabetes. People with diabetes are 2 to 3 times more likely to have periodontitis.

Source: American Diabetes Association

05.

ERECTILE DYSFUNCTION

Men with periodontal disease are 3 times more likely to have symptoms of erectile dysfunction.

Source: Journal of Sexual Medicine

06.

PREGNANCY PROBLEMS

Periodontal disease is associated with poor pregnancy outcomes, including preterm birth and low birth weight.

Source: Center for Disease Control

